

**David E. Szwedo, Ph.D.**  
 Department of Psychology  
 James Madison University  
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<https://socialrelationships-lab.weebly.com/>




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## ACADEMIC DEGREES

- August 2012      **Ph.D., Clinical Psychology**  
 University of Virginia, Charlottesville, VA  
**Dissertation:** *The development of emotion regulation strategies during adolescence and their associations with youths' psychological adjustment in early adulthood*  
**Advisor:** Joseph P. Allen, Ph.D.
- December 2008      **M.A., Psychology**  
 University of Virginia, Charlottesville, VA  
**Thesis:** *Qualities of peer relations on social networking websites: Predictions from negative mother-teen interactions*  
**Advisor:** Joseph P. Allen, Ph.D.
- May 2006      **B.A., Psychology**  
**Minor, History**  
 University of North Carolina at Chapel Hill, Chapel Hill, NC  
 Highest Distinction; Highest Honors in Psychology; Phi Beta Kappa  
**Honors Thesis:** *Adult attachment and the expression and regulation of emotion during conflict*  
**Advisor:** Martha J. Cox, Ph.D.

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## ACADEMIC POSITIONS

- 2019 – ongoing      **Associate Professor, Department of Psychology**  
 Director, Psychology Undergraduate Field Placements  
 Director, Social Relationships Lab  
 James Madison University, Harrisonburg, VA
- 2014 – 2019      **Assistant Professor, Department of Psychology**  
 James Madison University, Harrisonburg, VA
- 2016 - ongoing      **Visiting Assistant Professor, Department of Psychology**  
 University of Virginia, Charlottesville, VA
- 2016 – 2019      **First Year Advisor, Career and Academic Planning**  
 James Madison University, Harrisonburg, VA

- 2013                    **Research Associate, Department of Psychology**  
Virginia Adolescent Research Group  
University of Virginia, Charlottesville, VA
- 2012 – 2013           **Postdoctoral Fellow in Clinical Psychology**  
Counseling and Psychological Services (CAPS)  
Medical University of South Carolina, Charleston, SC
- 2011 – 2012           **Predoctoral Intern in Clinical Psychology**  
Medical College of Georgia  
Charlie Norwood Veterans Affairs Medical Center  
Georgia Prevention Institute  
Augusta, GA

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#### **HONORS & AWARDS**

- August 2019           ***Nominee, Madison Scholar Award***  
College of Health and Behavioral Studies  
James Madison University  
Nominated for exceptional achievement in scholarship
- April 2018            ***Outstanding Junior Faculty Award***  
College of Health and Behavioral Studies  
James Madison University  
Awarded for exceptional performance in the areas of teaching, scholarship, and service
- April 2018            ***Nominee, Goodman Faculty Award***  
College of Health and Behavioral Studies  
James Madison University  
Selected as the CHBS nominee for a university-level award recognizing excellence in teaching, scholarly activity, and/or curriculum development
- April 2017            ***Fellow, Institute for Online Summer Course Development***  
Library and Educational Technologies, James Madison University  
Awarded opportunity to participate in a six-week institute to facilitate development and skill in online teaching (\$1,750)
- June 2012            ***Outstanding Research Paper of the Year***  
Medical College of Georgia  
Awarded for the best research paper among psychology residents
- May 2009, 10, 11    ***Huskey Research Exhibition Award***  
University of Virginia  
Awarded for outstanding poster and oral presentations at a University-wide research exhibition for three consecutive years

- 2010 & 2011      ***Distinguished Teaching Fellowship***  
University of Virginia, Department of Psychology  
Adjunct faculty position awarded twice as a graduate student to create and teach an undergraduate seminar ("Romantic Relationships"; \$6,000 each award)
- April 2009      ***Maury Pathfinder Award***  
University of Virginia, Department of Psychology  
Awarded for best Master's Thesis of the year in the Psychology Department
- June 2008      ***Doris Buffett Fellowship***  
University of Virginia, Center for Children, Families, and the Law  
Awarded to evaluate a community truancy prevention program (\$1,500)
- August 2008      ***E. Mavis Hetherington Graduate Fellowship***  
University of Virginia, Department of Psychology  
Awarded to support research on family issues (\$3,000)
- June 2008      ***Honorable Mention, NSF Graduate Research Fellowship***
- October 2005      ***Undergraduate Teaching Fellowship***  
Carolina Students Taking Academic Responsibility through Teaching  
University of North Carolina at Chapel Hill, Honors Carolina  
Awarded to undergraduate students to develop and teach a course of their own design to other undergraduate students for academic credit
- June 2005      ***Summer Undergraduate Research Fellowship***  
University of North Carolina at Chapel Hill  
The Smallwood Foundation (\$3,000)

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#### PEER-REVIEWED PUBLICATIONS AND BOOK CHAPTERS [23 TOTAL]

\* JMU student author

#### Peer Reviewed Journal Articles (19 Total)

1. Allen, J.P., Narr, R.K., Kansky, J., & **Szwedo, D.E.** (2019). Adolescent peer relationship qualities as predictors of long-term romantic satisfaction. *Child Development*, 1-14.
2. \*Miles, M. M., **Szwedo, D. E.**, & Allen, J.P. (2018). Learning to cope with anxiety: Long-term links from adolescence to adult career satisfaction. *Journal of Adolescence* (64), 1-12.
3. Mikami, A. Y., **Szwedo, D. E.**, Khalis, A., Jia, M., & Na, J. J. (2018). Online peer interactions predict academic success, psychopathology symptoms, and institutional attachment in the transition to university. *Journal of Research on Adolescence*, 1-15.
4. **Szwedo, D.E.**, Hessel, E.T., Loeb, E.L., Hafen, C.A., & Allen, J.P. (2017). Adolescent support seeking as a path to adult functional independence. *Developmental Psychology* (53), 949-961.

5. **Szwedo, D.E.**, Hessel, E.T., & Allen, J.P. (2017). Supportive romantic relationships as predictors of resilience against early adolescent maternal negativity. *Journal of Youth and Adolescence* (45), 554-565.
6. Hessel, E.T., Loeb, E.L., **Szwedo, D.E.**, & Allen, J.P. (2016). Predictions from early adolescent emotional repair abilities to functioning in future relationships. *Journal of Research on Adolescence*, 1-14.
7. Mikami, A.Y., **Szwedo, D.E.**, Ahmad, S., Hinshaw, S.P., & Samuels, A.S. (2015). Online social communication among emerging adult women with histories of childhood Attention Deficit/Hyperactivity Disorder. *Journal of Abnormal Psychology* (124) 3, 576-578.
8. **Szwedo, D.E.**, Chango, J.M., & Allen, J.P. (2015). Adolescent romance and depressive symptoms: The importance of positive coping and perceived friendship competence. *Journal of Clinical Child and Adolescent Psychology*, 44, 538-550.
9. Hare, A., **Szwedo, D.E.**, Schad, M. M., & Allen, J.P. (2015). Undermining adolescent autonomy with parents and peers: The enduring implications of psychologically controlling parenting. *Journal of Research on Adolescence*, 25, 739-752.
10. Chango, J.M., Allen, J.P., **Szwedo, D.E.**, & Schad, M.M. (2015). Early adolescent peer foundations of late adolescent and young adult psychological adjustment. *Journal of Research on Adolescence*, 25, 685-699.
11. Allen, J.P., Chango, J., & **Szwedo, D.E.** (2014). The adolescent relational dialectic and the roots of adult social competence. *Child Development*, 85, 192-204.
12. Oudekerk, B.A., Allen, J.P., Hafen, C.A., Hessel, E.T., **Szwedo, D.E.**, & Spilker, A. (2014). Maternal and paternal psychological control as moderators of the link between peer attitudes and adolescents' risky sexual behavior. *Journal of Early Adolescence*, 34, 413-435.
13. Allen, J.P., Chango, J., **Szwedo, D.E.**, Schad, M. (2014). Long-term sequelae of sub-clinical depressive symptoms in early adolescence. *Development and Psychopathology*, 26, 171-180.
14. Brown, C.L., Oudekerk, B.A., **Szwedo, D.E.**, & Allen, J.P. (2013). Inter-parent aggression as a precursor to disengagement coping in emerging adulthood: The buffering role of friendship competence. *Social Development*, 22, 683-700.
15. **Szwedo, D.E.**, Mikami, A.Y., & Allen, J.P. (2012). Social networking site use predicts changes in youths' psychological adjustment. *Journal of Research on Adolescence*, 22, 453-466.
16. **Szwedo, D.E.**, Mikami, A.Y., & Allen, J.P. (2011). Qualities of peer relations on social networking websites: Predictions from negative mother-teen interactions. *Journal of Research on Adolescence*, 21, 595-607.
17. Mikami, A.Y., **Szwedo, D.E.**, Allen, J.P., Evans, M.A., & Hare, A.L. (2010). Adolescent peer relationships and behavior problems predict young adults' communication on social networking websites. *Developmental Psychology*, 46, 46-56.

18. Allen, J.P., Chango, J., **Szwedo, D.E.**, Schad, M., & Marston, E. (2010). Predictors of susceptibility to peer influence regarding substance use in adolescence. *Child Development*.
19. Schad, M.M., **Szwedo, D.E.**, Antonishak, J., Hare, A., & Allen, J.P. (2008). The broader context of relational aggression in adolescent romantic relationships: Predictions from peer pressure and links to psychosocial functioning. *Journal of Youth and Adolescence*, 37, 346-358.

#### **BOOK CHAPTERS (4 Total)**

1. **Szwedo, D.E.** & Kansky, J. (*in press*). Romantic relationship development. In S. Hupp and J. Jewell (Eds.), *The Encyclopedia of Child and Adolescent Development*. UK: John Wiley and Sons.
2. Mikami, A.Y. & **Szwedo, D.E.** (2016). Social networking in online and offline contexts. In R.J. Levesque (Ed.), *Encyclopedia of Adolescence, 2<sup>nd</sup> Edition*. New York: Springer.
3. Mikami, A.Y. & **Szwedo, D.E.** (2012). Social networking in online and offline contexts. In R.J. Levesque (Ed.), *Encyclopedia of Adolescence* (pp. 2801-2808). New York: Springer.
4. Cox, M.J., Heilbron, N., Mills-Koonce, W.R., Pressel, A., **Szwedo, D.E.**, & Oppenheimer, C.W. (2008). Marital relationships and early development. In M. Haith & J. Benson (Eds.), *Encyclopedia of Infant and Early Childhood Development*. Oxford, UK: Elsevier.

#### **MANUSCRIPTS IN PREPARATION OR SUBMITTED FOR PEER REVIEW**

\* JMU student author

1. \*Chandra, C.M., **Szwedo, D.E.**, & Allen, J.P. (*revise/resubmit*) Interactions between anxiety subtypes, personality characteristics, and emotional regulation skills as predictors of future career outcomes.
2. **Szwedo, D.E.** & Allen, J.P. (*in preparation*) Adolescent predictors of positive character development in emerging adulthood.
3. Kansky, J., **Szwedo, D.E.**, & Allen, J.P. (*in preparation*) Fighting fair with parents and friends: The impact on adolescent romantic and sexual involvement.
4. Costello, M., \*Welch, M., **Szwedo, D.E.**, & Allen, J.P. (*in preparation*) Links between adolescent social acceptance, rejection, and early adult problem behavior.
5. Kansky, J., \*Baccaro, S., **Szwedo, D.E.**, & Allen, J.P. (*in preparation*) Parental relationship effects on adolescents' future romantic relationships.

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## PRESENTATIONS AT NATIONAL ACADEMIC CONFERENCES [50 TOTAL]

### Paper Presentations (11 Total)

1. Allen, J.P., Narr, R., Kansky, J., & **Szwedo, D.E.** (2019, March). *The friendship effect: Implications of adolescent social relationship quality for adult romantic life satisfaction*. Paper presented at the Biennial Meetings of the Society for Research in Child Development, Baltimore, MD.
2. Mikami, A.Y. & **Szwedo, D.E.** (2016, January). *Facebook and in person interactions predict students' transition to university*. Paper presented at the Society for Personality and Social Psychology, San Diego, CA.
3. Mikami, A.Y., **Szwedo, D.E.**, Ahmad, S.I., Stiers, A.S., & Hinshaw, S.P. (2014, November). *Online social communication patterns among adolescent girls with ADHD*. In, Social functioning among adolescents and young adults with ADHD. Paper presented at the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
4. Allen, J.P., Chango, J., & **Szwedo, D.E.** (2013, April). *The adolescent relational dialectic and the roots of adult social competence*. In, The good, the bad and the ugly: Expected and unexpected long-term sequelae of adolescent peer relationships for adult functioning. Paper presented at the Biennial Meetings of the Society for Research in Child Development, Seattle, WA.
5. Allen, J.P., Chango, J.M., & **Szwedo, D.E.** (2012, March). *Serious long term social sequelae of mild depressive symptoms in early adolescence*. In A. Spilker (Chair), Social functioning and depression: Reciprocal predictive links across time and relationships. Paper presented at the Biennial Meetings of the Society for Research in Adolescence, Vancouver, B.C.
6. Chango, J.M., Allen, J.P., **Szwedo, D.E.**, Schad, M. (2012, March). *Early adolescent peer foundations of late adolescent and young adult psychological adjustment*. In C. Patton (Chair), Balancing developmental demands: Adolescent autonomy and relatedness across relational contexts. Paper presented at the Biennial Meetings of the Society for Research in Adolescence, Vancouver, B.C.
7. Hessel, E.T., **Szwedo, D.E.**, & Allen, J.P. (2012, March). *From repairing emotions to maintaining relations: Predictions from emotional functioning to later relationships*. In T. Ha (Chair), Managing negativity in the context of close relationships: Implications for adolescents' social and emotional adjustment. Paper presented at the Biennial Meetings of the Society for Research in Adolescence, Vancouver, B.C.
8. Schad, M.M., Allen, J.P., **Szwedo, D.E.**, & Chango, J.M. (2012, March). *Physical attractiveness as a predictor of adolescent autonomy behaviors*. In C. Patton (Chair), Balancing developmental demands: Adolescent autonomy and relatedness across relational contexts. Paper presented at the Biennial Meetings of the Society for Research in Adolescence, Vancouver, B.C.

9. **Szwedo, D.E.** & Allen, J.P. (2011, March). *Experiences with parents, peers, and romantic partners during adolescence as predictors of youths' emotion regulation strategies*. Paper presented at the Biennial Meetings of the Society for Research on Child Development, Montreal, Quebec, Canada.
10. Allen, J.P., Chango, J., Schad, M., & **Szwedo, D.E.** (2010, March). *Predicting who will be most susceptible to peer influence regarding substance use: Individual, familial, and peer risk factors*. Paper presented at the Biennial Meetings of the Society for Research on Adolescence, Philadelphia, Pennsylvania.
11. **Szwedo, D.E.**, Mikami, A.Y., & Allen, J.P. (2010, March). *Psychological and interpersonal implications of peer interactions on social-networking websites for troubled youth*. Paper presented at the Biennial Meetings of the Society for Research on Adolescence, Philadelphia, Pennsylvania.

### **Poster Presentations (39 Total)**

\* JMU student author

12. \*Welch, M., **Szwedo, D.E.**, & Allen, J.P. (2019, March). *Links between adolescent social acceptance, rejection, and early adult problem behavior*. Poster presented at the Biennial Meetings of the Society for Research in Child Development, Baltimore, MD.
13. \*Florez, L., **Szwedo, D.E.**, & Allen, J.P. (2019, March). *Early predictors of adolescent problematic and delinquent behaviors*. Poster presented at the Biennial Meetings of the Society for Research in Child Development, Baltimore, MD.
14. \*Baccaro, S., **Szwedo, D.E.**, & Allen, J.P. (2019, March). *Parental relationship effects on adolescents' future romantic relationships*. Poster presented at the Biennial Meetings of the Society for Research in Child Development, Baltimore, MD.
15. \*Chandra, C., **Szwedo, D.E.**, & Allen, J.P. (2019, March). *Anxiety subtypes, personality characteristics, and emotional regulation skills as predictors of future career outcomes*. Poster presented at the Biennial Meetings of the Society for Research in Child Development, Baltimore, MD.
16. Kansky, J., \*DelGuercio, E., **Szwedo, D.E.**, & Allen, J.P. (2019, March). *Revisiting the link between attachment and social competence: The role of coping styles*. Poster presented at the Biennial Meetings of the Society for Research in Child Development, Baltimore, MD.
17. Kansky, J., \*Weir, T., **Szwedo, D.E.**, & Allen, J.P. (2019, March). *Romantic involvement, self-worth, and future anxiety and depression from adolescence to early adulthood*. Poster presented at the Biennial Meetings of the Society for Research in Child Development, Baltimore, MD.
18. Mauer, V., \*Anderson, S., **Szwedo, D.E.**, & Allen, J.P. (2019, March). *The Long-Term Effects of Early Verbal Abuse on Adult Romantic Relationships*. Poster presented at the Biennial Meetings of the Society for Research in Child Development, Baltimore, MD.

19. Costello, M., \*Beckwith, K., **Szwedo, D.E.**, & Allen, J.P. (2018, April). *Who matters most? Parent and peer effects on rule-breaking and alcohol use*. Poster presented at the Biennial Meetings of the Society for Research in Adolescence, Minneapolis, MN.
20. Hunt, G., \*Dhayagude, A., Kansky, J., **Szwedo, D.E.**, & Allen, J.P. (2018, April). *Adolescent attachment and future romantic relationship quality: How caring friendships act as a buffer*. Poster presented at the Biennial Meetings of the Society for Research in Adolescence, Minneapolis, MN.
21. Kansky, J., \*Rohrbacher, S., **Szwedo, D.E.**, & Allen, J.P. (2018, April). *Effects of adverse childhood experiences on young adult romantic relationships: The role of self-worth and emotional expressivity*. Poster presented at the Biennial Meetings of the Society for Research in Adolescence, Minneapolis, MN.
22. Kansky, J., \*Hooks, M., **Szwedo, D.E.**, & Allen, J.P. (2018, April). *Peer rejection and late adolescents romantic relationships: The moderating role of aggression, anxiety, and depression*. Poster presented at the Biennial Meetings of the Society for Research in Adolescence, Minneapolis, MN.
23. Narr, R., \*Shine, M., Davis, A., Costello, M., Coe-Odess., **Szwedo, D.E.**, & Allen, J.P. (2018, April). *Moderators of longitudinal associations between anxiety and future career satisfaction*. Poster presented at the Biennial Meetings of the Society for Research in Adolescence, Minneapolis, MN.
24. Costello, M., \*Sylke, L., **Szwedo, D.E.**, & Allen, J.P. (2017, April). *Peers and parents: Providing teens with different tools to develop social competence*. Poster presented at the Biennial Meetings of the Society for Research in Child Development, Austin, TX.
25. Hunt, G., \*Miles, M.M., **Szwedo, D.E.**, & Allen, J.P. (2017, April). *Moderators of longitudinal associations between anxiety and future career satisfaction*. Poster presented at the Biennial Meetings of the Society for Research in Child Development, Austin, TX.
26. Kansky, J., \*Burleson, E., **Szwedo, D.E.**, & Allen, J.P. (2017, April). *Attachment in early adolescence as a predictor of professional development in young adulthood*. Poster presented at the Biennial Meetings of the Society for Research in Child Development, Austin, TX.
27. Tan, J.S., \*Davis, E., **Szwedo, D.E.**, & Allen, J.P. (2017, April). *The interplay of relationships and work for personal and professional fulfillment*. Poster presented at the Biennial Meetings of the Society for Research in Child Development, Austin, TX.
28. Nagel, A., \*Morrow, M., **Szwedo, D.E.**, & Allen, J.P. (2017, April.) *Predictions from emotional abuse, emotional neglect, and physical abuse to late adolescent relationship quality*. Poster presented at the Biennial Meetings of the Society for Research in Child Development, Austin, TX.
29. Kansky, J., \*Smith, E., **Szwedo, D.E.**, & Allen, J.P. (2017, April). *Parental psychological and behavioral control as predictors of late adolescent peer and romantic relationships*. Poster presented at the Biennial Meetings of the Society for Research in Child Development, Austin, TX.



30. **Szwedo, D.E.**, \*Kiefer, H., & Allen, J.P. (2016, March). *Who do you talk to online? Implications of social media use for depression and loneliness*. Poster presented at the Biennial Meetings of the Society for Research in Adolescence, Baltimore, MD.
31. **Szwedo, D.E.**, \*Barlotta, L., & Allen, J.P. (2016, March). *Number of Facebook friends and coping online as predictors of rejection sensitivity*. Poster presented at the Biennial Meetings of the Society for Research in Adolescence, Baltimore, MD.
32. \*Jewell, O.G., **Szwedo, D.E.**, & Allen, J.P. (2016, March). *Age at first sex as a predictor of adolescent anxiety, depressive symptoms, and self-esteem: Relationship context as a moderator*. Poster presented at the Biennial Meetings of the Society for Research in Adolescence, Baltimore, MD.
33. **Szwedo, D.E.**, Hessel, E.T., Loeb, E.L., & Allen, J.P. (2015, March). *Against the grain: Adolescent help-seeking as a path to adult functional independence*. Poster presented at the Biennial Meetings of the Society for Research in Child Development, Philadelphia, PA.
34. Mikami, A.Y., **Szwedo, D.E.**, Jia, M., Hong, I.K., & Desai, C. (2014, March). *Online peer interactions predict academic success, emotional adjustment, and institutional attachment during transition to college*. Poster presented at the Biennial Meetings of the Society for Research in Adolescence, Austin, TX.
35. Hessel, E.T., Loeb, E.L., Perry, S., Tan, J.S., **Szwedo, D.E.**, & Allen, J.P. (2014, March). *Romantic partners' promotion of autonomy and relatedness in adolescence as a predictor of young adult emotion regulation*. Poster presented at the Biennial Meetings of the Society for Research in Adolescence, Austin, TX.
36. **Szwedo, D.E.**, Allen, J.P., Chango, J.M., Schad, M.M., Hare, A., Miga, E., Spilker, A., White, C., LeTard, A.J., & Higgins, K. (2012, March). *Adolescent peer and romantic predictors of youths' emotion regulation in early adulthood*. Poster presented at the Biennial Meetings of the Society for Research in Adolescence, Vancouver, B.C.
37. **Szwedo, D.E.**, Chango, J.M., Schad, M.M., Miga, E.M., Hare, A.L., Manning, N., & Allen, J.P. (2012, March). *Adolescent romantic relationships and depressive symptoms: The importance of emotion regulation and close friendships*. Poster presented at the Biennial Meetings of the Society for Research in Adolescence, Vancouver, B.C.
38. Chango, J., **Szwedo, D.E.**, Schad, M., Miga, E.M., & Allen, J.P. (2010, March). *Romantic partner selection and relationship quality in adolescence: Do parent or early peer relationships matter more?* Poster symposium presented at the Biennial Meetings of the Society for Research on Adolescence, Philadelphia, Pennsylvania.
39. Schad, M., **Szwedo, D.E.**, Chango, J., Miga, E.M., & Allen, J.P. (2010, March). *Can pretty people have their cake and eat it too? The positive and negative effects of physical attractiveness*. Poster presented at the Biennial Meetings of the Society for Research on Adolescence, Philadelphia, Pennsylvania.
40. **Szwedo, D.E.**, Chango, J., Miga, E.M., Schad, M., & Allen, J.P. (2010, March). *Unique contributions of attachment security and emotional awareness for predicting adolescent romantic relationship functioning*. Poster symposium presented at the Biennial Meetings of the Society for Research on Adolescence, Philadelphia, Pennsylvania.

41. Miga, E.M., **Szwedo, D.E.**, Chango, J., Schad, M., & Allen, J.P. (2010, March). *Autonomy and influence: Associations between observed romantic partner conflict negotiations and psychopathology over time*. Poster presented at the Biennial Meetings of the Society for Research on Adolescence, Philadelphia, Pennsylvania.
42. LeTard, A.J., **Szwedo, D.E.**, & Allen, J.P. (2009, April). *Parental emotional neglect and youths' psychosocial adjustment: Psychological separation and friendships as protective factors*. Poster presented at the Biennial Meetings of the Society for Research on Child Development, Denver, Colorado.
43. Stephenson, J.C., **Szwedo, D.E.**, & Allen, J.P. (April, 2009). *Romantic relationships and substance use in adolescence: Longitudinal benefits of thinking it will last forever*. Poster presented at the Biennial Meetings of the Society for Research on Child Development, Denver, Colorado.
44. **Szwedo, D.E.**, Mikami, A.Y., Evans, M., Higgins, M.K., Dawson, A., & Allen, J.P. (2009, April). *Peer quality and inappropriate photos on Facebook and MySpace predict changes in young adults' psychopathology*. Poster presented at the Biennial Meetings of the Society for Research on Child Development, Denver, Colorado.
45. **Szwedo, D.E.**, Stephenson, J.C., Schad, M.M., & Allen, J.P. (2009, April). *Adolescent romantic relationships and depressive symptoms: The moderating effect of emotional intelligence*. Poster presented at the Biennial Meetings of the Society for Research on Child Development, Denver, Colorado.
46. Schad, M.M., Evans, M., **Szwedo, D.E.**, & Allen, J.P. (2008, March). *Can peer pressure be a good thing?* Poster presented at the Biennial Meetings of the Society for Research on Adolescence, Chicago, Illinois.
47. Schad, M.M., **Szwedo, D.E.**, Antonishak, J., Hare, A., & Allen, J.P. (2008, March). *The broader context of relational aggression in adolescent romantic relationships*. Poster presented at the Biennial Meetings of the Society for Research on Adolescence, Chicago, Illinois.
48. Stephenson, C., Manning, N., **Szwedo, D.E.**, & Allen, J.P. (2008, March). *Negotiating adolescent relationships: The importance of close friendships for dismissing adolescents*. Poster presented at the Biennial Meetings of the Society for Research on Adolescence, Chicago, Illinois.
49. **Szwedo, D.E.**, Mikami, A.Y., Allen, J.P., & Evans, M. (2008, March). *The need for attachment: Demonstrations through teens' photos on MySpace and Facebook*. Poster presented at the Biennial Meetings of the Society for Research on Adolescence, Chicago, Illinois.
50. **Szwedo, D.E.**, Heilbron, N., & Cox, M.J. (2007, March). *Adult attachment and the expression and regulation of negative emotions during conflict*. Poster presented at the Biennial Meetings of the Society for Research on Child Development, Boston, Massachusetts.

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## UNDERGRADUATE HONORS THESES SUPERVISED [8 TOTAL]

### James Madison University

#### \* Thesis selected as the JMU Department of Psychology's "Best Thesis"

1. Gamache, J. (2020). Peer rejection as a predictor of jealousy in romantic relationships.
2. Brannigan, K. (2020). The effects of early childhood trauma on adolescent romantic relationships and risky behavior.
3. Brown, R. (2019). Intimacy idolization vs. ego development in adolescence: Links to social relations and overall wellness in later adulthood.
4. **\*Isola, E. (2019).** Associations between adolescents' family dynamics and later romantic relationships.
5. **\*Chandra, C. (2018).** Interactions between anxiety subtypes, personality characteristics, and emotion regulation skills as predictors of future career outcomes.

### University of Virginia

6. Brown, C.L. (2011). The effects of parental conflict and close peer relationships on emotion regulation during adolescence.
7. Wegner, L.B. (2010). Dyadic avoidance in adolescent peer relationships as a predictor of negativity in relationships, anxious/depressive symptoms, and aggression.
8. Emery, A.K. (2008). Adolescent and maternal depression as predictors of mother-adolescent relationship quality and adolescent problem behaviors.

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## MENTORED JMU UNDERGRADUATE PSYCHOLOGY STUDENT RESEARCH PROJECTS (38 TOTAL)

All students presented posters of their year-long projects at the James Madison University Psychology Student Symposium, Harrisonburg, VA.

### 2018-2019

**All 2018-2019 students also presented their work at the annual meeting of the Virginia Association for Psychological Science in Newport News, VA (April, 2019)**

<sup>‡</sup>Winner of a "Best Poster Award"

1. **Jordan Gamache:** *The effects of adolescent social experiences on adult romantic jealousy.* Paper presentation.
2. **Natalie Poole:** *Early social pressures as predictors of sexual and romantic experiences.* Paper presentation.
3. **Rachel Miller:** *ACES and romantic attachment styles: Moderating role of substance abuse.* Poster presentation.

4. **Emily Shaffer:** *Risk and protective factors for problem behaviors in early adulthood.* Poster presentation.
5. **Natalie Doucette:** *Adolescent gender role nonconformity, values, and future psychological adjustment.* Poster presentation.
6. <sup>†</sup>**Kelsey Sullivan:** *Adolescent social rejection and early adulthood adjustment.* Poster presentation.
7. **Kayla Pitchford:** *Neighborhood quality, parenting behavior, and grit: Links to future adjustment.* Poster presentation.
8. <sup>†</sup>**Emily Isola:** *Family of origin and young adults' romantic relationship outcomes.* Poster presentation.
9. **Keiva Brannigan:** *Effects of childhood trauma on romantic relationships and problem behaviors.* Poster presentation.

### 2017-2018

**All 2017-2018 students also presented their work at the annual meeting of the Virginia Association for Psychological Science in Roanoke, VA (April, 2018)**

\* Poster subsequently peer-reviewed and accepted for presentation at a National Conference

† Winner of a "Best Poster Award"

1. <sup>\*</sup>**Morgan Welch:** *The influence of rejection by peers on socially anxious behavior.* Paper presentation.
2. <sup>\*</sup>**Cerella Chandra:** *Interactions between anxiety subtypes, personality characteristics, and emotion regulation skills as predictors of future career outcomes.* Paper presentation.
3. <sup>\*</sup>**Taylor Weir:** *The effects of timing of romantic relationships in adolescence on future depression and anxiety.* Poster presentation.
4. <sup>\*</sup>**Samantha Baccaro:** *The effects of parental relationships on adolescents' future romantic relationships.* Poster presentation.
5. <sup>\*</sup>**Lydia Florez:** *Early predictors of adolescent delinquent behaviors.* Poster presentation.
6. **Rachel Brown:** *Intimacy idolization vs. ego development in adolescence: Links to social relations and overall wellness in later adulthood.* Paper presentation.
7. **Sarah St. Martin:** *Childhood expectations of support as a predictor of future romantic relationship satisfaction: The mediating effects of coping and rejection sensitivity.* Poster presentation.
8. <sup>†</sup>**Hannah Dowdy:** *Ameliorating factors between early traumatic experiences and future problems with adjustment.* Poster presentation.

### 2016-2017

\* Poster subsequently peer-reviewed and accepted for presentation at a National Conference

1. <sup>\*</sup>**Korey Beckwith:** *Parental predictors of adolescent substance use and rule-breaking behavior.*

2. **\*Michael Sloan Hooks:** *Peer rejection and romantic relationships: The moderating role of aggression, anxiety, and depression.*
3. **\*Samantha Rohrbacher:** *Effects of adverse life events in childhood on internal feelings about romantic relationships in adulthood.*
4. **\*Molly Shine:** *Associations between negative self perception and insecurity, support and social comparison: The moderating effect of facebook use.*
5. **\*Aashna Dhayagude:** *The effect of adolescent attachment styles on romantic relationship quality*
6. **Kristin Gross:** *The effects of early parental pressure on later adolescents internalizing and externalizing problems.*
7. **Marissa Sariol-Clough:** *Influence of parenting on emerging adults' drug and sexual experimentation.*
8. **Maddie Palkovitz:** *The effects of childhood emotional abuse on later romantic relationship outcomes.*

### **2015-2016**

\* Poster subsequently peer-reviewed and accepted for presentation at a National Conference

1. **\*Laura Sylke:** *Early adolescent parent and peer predictors of early adult social functioning.*
2. **\*Maddison Miles:** *Moderators of longitudinal associations between anxiety and future career satisfaction.*
3. **\*Elisabeth Burleson:** *Attachment in early adolescence as a predictor of professional development in young adulthood.*
4. **\*Emily Davis:** *The interplay of relationships and work for personal and professional fulfillment.*
5. **\*Mikala Morrow:** *Predictions from emotional abuse, emotional neglect, and physical abuse to late adolescent relationship quality.*
6. **\*Emily Smith:** *Parental psychological and behavioral control as predictors of late adolescent peer and romantic relationships.*

### **2014-2015**

\* Poster subsequently peer-reviewed and accepted for presentation at a National Conference

1. **\*Shawna Anderson:** *The long term effects of early verbal abuse on adult romantic relationships.*
2. **\*Lauren Barlotta:** *Number of Facebook friends and coping online as predictors of rejection sensitivity.*
3. **\*Emily DelGuercio:** *Attachment, coping, and social competence.*
4. **\*Olivia Jewell:** *Sexual activity as a predictor of adolescent anxiety, depressive symptoms, and self-esteem: Considering relationship context as a moderator.*
5. **\*Heather Kiefer:** *Who do you talk to online? A look at social anxiety, depression, and loneliness with social media.*

6. **Emily Severt:** *Relationship between adolescent male peer friendships, maternal alienation, and mothers' influence on teen dating.*
7. **Erin Holland:** *Number of Facebook friends as a moderator of the association between social acceptance and emotional adjustment.*

## TEACHING EXPERIENCE

### James Madison University

Spring 2014 – ongoing	<b>Field Placement in Psychology (PSYC 495), Instructor</b> Capstone internship course; 2 sections of 12 students each Fall and Spring
Fall 2017 – ongoing	<b>Introductory Field Work in Psychology (PSYC 202), Instructor</b> Internship elective; 1 section of 4-6 students Fall and Spring
Fall 2014 – ongoing	<b>Social Relationships Lab (PSYC 403), Instructor</b> Year-long independent study research course 1 section of 6-8 students Fall and Spring
Fall 2016 - ongoing	<b>Clinical Psychology (PSYC 430), Instructor</b> Upper level elective; 1 section of 30 students Fall and Summer (Online)
Spring 2014 – Fall 2015	<b>Counseling Psychology (PSYC 325), Instructor</b> Elective course; 1 section of 20 students Fall and Spring

### University of Virginia

Spring 2010/Sum. 2011	<b>Romantic Relationships (PSYC 4500),</b> <i>Primary Instructor</i>
Fall 2010	<b>Abnormal Psychology (PSYC 3410)</b> <i>Teaching Assistant</i>
Fall 2010	<b>Practicum to Clinical Intervention and Ethics (PSYC 7400)</b> <i>Teaching Assistant</i>
Fall 2009	<b>Research Methods and Data Analysis I (PSYC 3005)</b> <i>Head Teaching Assistant</i>
Spring 2008	<b>Research Methods and Data Analysis II (PSYC 3006)</b> <i>Lab Instructor</i>
Fall 2007/2008	<b>Research Methods and Data Analysis I (PSYC 3005)</b> <i>Lab Instructor</i>
Spring 2007	<b>Infant Development (PSYC 3490)</b> <i>Teaching Assistant</i>
Fall 2006	<b>Adolescence: Theory and Development (PSYC 3480)</b> <i>Teaching Assistant</i>

## University of North Carolina at Chapel Hill

Spring 2006

**Introduction to Intimate Relationships**  
*Primary Instructor*

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### DEPARTMENTAL, UNIVERSITY, AND COMMUNITY SERVICE

Spring 2015 – ongoing

**Field Placement University-Community Reception, Chair**  
 Psychology Department, James Madison University  
*Plan and host event bringing 30+ community-based Field Placement supervisors and 48 students together on campus each spring to celebrate their work.*

Fall 2015 – ongoing

**Psychology Student Symposium, Co-Chair**  
 Psychology Department, James Madison University  
*Plan and host undergraduate student poster symposium each spring (80+ presentations) for Psychology students to showcase their research and practical experiences from the past year.*

Fall 2017 – ongoing

**JMU Civic Mentorship Program, Civic Mentor**  
 Office of Student Accountability and Restorative Practices  
 James Madison University  
*Meetings weekly with a sanctioned student to develop and execute values, goals, and behavior that will foster success at JMU.*

Fall 2015 – ongoing

**IIHHS Steering Committee, Member**  
 Institute of Innovation in Health and Human Services  
 James Madison University  
*The Steering Committee ensures that interprofessional and interdisciplinary opportunities for education, scholarship, community connections and practice are fostered through decisions about IIHHS courses, activities, programs and resources.*

Fall 2018 – Sum. 2020

**Personnel Advisory Committee**  
 Psychology Department, James Madison University

Fall 2017

**Life Span and Human Development Search Committee, Member**  
 Psychology Department, James Madison University  
*Committee responsible for reviewing applications and making a recommendation to the faculty for a hire.*

Sum. 2016 – Spring 2019

**First Year Student Advisor**  
 Psychology Department, James Madison University  
*Responsible for helping to orient ~70 first year students to academics at JMU, complete their fall schedules, and negotiate academic, social, and emotional challenges during their first year.*

Fall 2015 – Spring 2016

**JMU Student Accountability Board, Member**  
 Office of Student Accountability and Restorative Practices  
 James Madison University

*Serve on cases of possible student violation of university standards and practices*

- Fall 2015 – Spring 2016     **Program Revision Committee, Member**  
 Psychology Department, James Madison University  
*Committee responsible for reviewing the success and effectiveness of the current curriculum structure and recommending changes to the faculty.*
- Fall/Spring 2017  
 Fall/Spring 2015     **Volunteer Clinical Supervisor**  
 Psychology Department, University of Virginia  
*Volunteer clinical supervisor to a doctoral candidate in clinical psychology. Meet with student for one hour per week during the academic year for clinical supervision.*

#### **CLINICAL EXPERIENCE**

- 2014 – ongoing     **Licensed Clinical Psychologist in the Commonwealth of Virginia**  
 License #0810004939
- 2015 – ongoing     **Szwedo Psychological and Consulting Services, LLC**  
 Charlottesville, VA  
*Providing clinical therapeutic services 4 hours/week*
- July 2012 – Aug. 2013     **Postdoctoral Fellowship in Clinical Psychology**  
 Medical University of South Carolina  
 Charleston, SC  
*Counseling and Psychological Services*
- July 2011 – June 2012     **Predoctoral Internship Training Program in Clinical Psychology**  
 Medical College of Georgia / Charlie Norwood VAMC  
 Augusta, GA  
*Child & Family, Medical, and General Psychology Rotations*

#### Practicum Student Experiences

- July 2009 – June 2010     *Family Stress Clinic, University of Virginia Hospital*  
 Sept. 2008 – Aug. 2009     *Lafayette School and Treatment Center, Charlottesville, VA*  
 Oct. 2007 – May 2011     *Mary D. Ainsworth Psychological Clinic, University of Virginia*

#### **ADDITIONAL RELEVANT TRAINING**

- Fall 2009     *Family Alternative Dispute Resolution Clinic*
  - Certified completion of 20 hours of basic divorce mediation skills
  - Semester long course in U.Va. Law School
- Fall 2008     *Mplus Statistical Short Courses*
  - Exploratory factor analysis, confirmatory factor analysis, and structural equation modeling for continuous outcomes



- Growth modeling with latent variables using Mplus: Introductory and intermediate growth models

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**PROFESSIONAL ACTIVITIES**

American Psychological Association  
Society for Research on Child Development  
Society for Research on Adolescence

Ad hoc reviewer for:

*Child Development*  
*Developmental Psychology*  
*Journal of Clinical Child and Adolescent Psychology*  
*Journal of Adolescence*  
*Journal of Behavioral Addictions*

*Biennial Meeting of the Society for Research on Child Development (conference presentation submissions)*